



NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.

ARTHRITIS PROGRAM APPROPRIATIONS FACT SHEET

FY 2007	President's Budget	FY 2008 Suggested
\$13,442,000	\$13,451,000	\$14,114,000

With additional resources, CDC would increase funding to half of the currently funded states, raising them from grossly inadequate funding to a level that would allow them to expand the reach and scope of their efforts.

Basic Facts About Arthritis

- CDC, the Arthritis Foundation, states and other partners are working together to implement the National Arthritis Action Plan, the first national public health strategy to reduce disability caused by arthritis.
- Arthritis currently affects nearly 1 of every 4 American adults (49 million adults) making it among the most common health problems in the U.S. An additional 21 million Americans report possible arthritis.
- Arthritis is the nation's leading cause of disability. Arthritis limits daily activities for 8 million people. Each year, arthritis results in 750,000 hospitalizations and 36 million outpatient visits.
- Arthritis and related disabilities result in estimated annual medical care costs of \$51 billion and estimated total costs (medical care and lost productivity) are \$86 billion.
- Arthritis affects children and people of all racial and ethnic groups; however, it is more common among women and older adults. The number of people aged 65 and older who have arthritis or possible arthritis is projected to nearly double from 2001 (21.4 million) to 2030 (41.4 million).
- The pain and disability that accompany arthritis can be decreased through early diagnosis and appropriate management, including self-management activities such as weight control and physical activity.

- The Arthritis Self-Management Course has been shown to reduce arthritis pain by 20% and reduce physician visits by 40%.

CDC's Arthritis Program

Currently, CDC funds capacity-building programs in only 28 States to build partnerships, establish tracking systems, and develop a state plan to address arthritis. CDC has also supported eight additional states to begin to implement programs of intervention to reduce disabilities and improve quality of life for people with arthritis. In addition to funding States, CDC conducts surveillance, epidemiology, and prevention research to strengthen the science base for reducing the occurrence of arthritis and its accompanying disability. CDC has also worked with state partners and the Arthritis Foundation to educate the public and healthcare providers.

* For this information visit www.cdc.gov/arthritis

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