



Acquiring Blood Pressure Cuffs/Monitors – Ideas from States

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States, through their 1305-State Public Health Actions funding—are required to address the Domain 3 strategy on increasing the use of team-based care in health systems. For those states that selected *increasing the use of self-measured blood pressure monitoring tied with clinical support* as their intervention, it has been difficult to acquire the blood pressure monitors given that they cannot be purchased with 1305 funds. The purpose of this document is to outline the many ways that states have been able to acquire the monitors.

- Monitors are a covered benefit under Medicaid. (*Note: this may not apply in all states.*)
- The state or partners can ask for a donation from Omron.
- Use state funds, when available.
- Acquire blood pressure cuffs through the Preventive Health and Health Services Block Grant (PHHSBG). The money for the cuffs and the storage of the cuffs was priced out and approved by the CDC staff person in charge of this grant. (*Note: multiple states indicated they are using Block Grant funds in this way.*)
- Use Women's Health state budget funds to purchase blood pressure cuffs for WISEWOMAN clients to evaluate SMBP with clinical support.
- Neighborhood Health Plan pays for them in a small area of the city. The patient gets a prescription at their appointment and then they take it to the local pharmacy and get a free blood pressure monitor.
- One FQHC wrote a grant to United Way and used the funds to purchase monitors.
- Work with State EMS Division, who purchases the monitors using state funds.
- Use stroke dollars from the Master Settlement Agreement since hypertension is a risk factor for stroke.
- Partner with the WISEWOMAN program to acquire automatic blood pressure machines to promote SMBP at recognized Diabetes Self-Management Education sites. Used the opportunity to promote a mini blood pressure monitoring program (a 1 ½ hour training on how to properly measure blood pressure).
- Work with partners who have access to state funds from organizations working on health care reform to purchase monitors for their patients.