**Quality Physical Education District Survey**The purpose of this district survey is to conduct an assessment of the district’s physical education and physical activity programming. At the core of this assessment is quality physical education taught by a certified teacher. The district can use this assessment to evaluate strengths and weaknesses and develop and implement a plan for improvement. If you need more background information as preparation for conducting your analysis, gather and read the documents listed below. This survey is a Wisconsin adapted survey to the SHAPE America (Society of Health and Physical Educators) Guidance Document Physical Education Program Checklist and can be found at <http://www.shapeamerica.org/standards/guidelines/upload/Physical-Education-Program-Checklist.pdf>.

The goal of quality programming is to develop physically literate individuals. According to SHAPE America’s National Standards and Grade-Level Outcomes for K-12 Physical Education, physically literate individuals have the knowledge, skills and confidence to enjoy a lifetime of healthful physical activity. To pursue a lifetime of healthful physical activity, a physically literate individual:

* Has learned the skills necessary to participate in a variety of physical activities.
* Knows the implications and the benefits of involvement in various types of physical activities.
* Participates regularly in physical activity.
* Is physically fit.
* Values physical activity and its contributions to a healthful lifestyle.

**Preparation Documents**[Wisconsin Physical Education Standards](http://sspw.dpi.wi.gov/sites/default/files/imce/sspw/pdf/pestandards.pdf)  
[National Physical Education Standards](http://www.shapeamerica.org/standards/pe/)  
[The Essential Components of Physical Education Guidance Document](http://www.shapeamerica.org/upload/TheEssentialComponentsOfPhysicalEducation.pdf)  
[State Physical Education Policy](http://sspw.dpi.wi.gov/sspw_peschldistrict)  
[Active Schools: Core 4+](http://sspw.dpi.wi.gov/sspw_physicaled)  
School District Local Wellness Policy  
School District Physical Education Policy  
School District Physical Education Curriculum  
School District Teacher Evaluation Program  
  
  
**Directions**Determine who will complete the survey. It is recommended a district coordinator of Physical Education and/or the Director of Curriculum Instruction complete the survey using the above preparation documents. The survey has nine components totaling 35 questions and should take approximately 1 hour to complete. You will be contacted within a month of submission deadline date with a score.  
Thank you for your participation in the survey. Direct any questions to:   
   
Eileen Hare  
DPI Education Consultant (Physical Education, Health Education, Coordinated School Health)  
(608) 267-9234  
[eileen.hare@dpi.wi.gov](mailto:eileen.hare@dpi.wi.gov)

(End of Page 1 )

School District Name

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Primary Survey Respondent: *First & Last Name*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Primary Survey Respondent: *Email*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Primary Survey Respondent: Phone Number *Area Code/No*.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Primary Survey Respondent: *Job Title*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Students in District

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(End of Page 2 )

**Section 1: School District Policy**—**Frequency of Physical Education Classes/Week**

Elementary School (PE classes taught by *licensed PE teacher*)

 1 day/week

 2 days/week

 2.5 days/week

 3 days/week

 4 days/week

 5 days/week

Elementary School (PE classes taught by *other school staff*)

 1 day/week

 2 days/week

 2.5 days/week

 3 days/week

 4 days/week

 5 days/week

Middle School

 1 day/week

 2 days/week

 2.5 days/week

 3 days/week

 4 days/week

 5 days/week

High School

 1 day/week

 2 days/week

 2.5 days/week

 3 days/week

 4 days/week

 5 days/week

**Section 2: School District Policy**—**Physical Education Class Length**

What is the school district policy for the length of **elementary school** physical education classes?

 Under 20 minutes

 20-24 minutes

 25-29 minutes

 30-34 minutes

 35-39 minutes

 40-44 minutes

 45 minutes

 Over 45 minutes

What is the school district policy for the length of **middle school** physical education classes?

 Under 20 minutes

 20-24 minutes

 25-29 minutes

 30-34 minutes

 35-39 minutes

 40-44 minutes

 45 minutes

 Over 45 minutes

What is the school district policy for the length of **high school** physical education classes?

 Under 20 minutes

 20-24 minutes

 25-29 minutes

 30-34 minutes

 35-39 minutes

 40-44 minutes

 45 minutes

 Over 45 minutes

**Section 3: Physical Education Policies**

Substitutions for Physical Education credits or class time are not allowed through alternate means

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Physical education class size is consistent with that of other subject areas. (e.g., elementary regular classroom is 25 students; therefore, physical Education class is 25 students. In secondary, a core class is 30 students and physical education is approximately 30 students.)

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Physical activity is not assigned or withheld as punishment.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

(End of Page 3 )

**Section 4: Physical Education Curriculum**

School districts and schools have a written physical education curriculum for grades K-12 that is sequential and comprehensive.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

The physical education curriculum is based on SHAPE America national standards or Wisconsin state standards and grade-level outcomes for physical education.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

The physical education curriculum is subject to periodic review/update on the same basis and frequency as other school curricula.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

**Section 5: Physical Education Facilities, Equipment, and Technology**

Indoor and outdoor facilities are safe and adequate (so that physical education classes need not be displaced by other activities).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

There is adequate equipment for every student to be active.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Developmentally appropriate technology is integrated to support instructional learning.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

(End of Page 4 )

**Section 6: Physical Education Appropriate Instruction**

The physical education teacher uses instructional practices and deliberate practice tasks that support the goals and objectives defined in the school district’s/school’s physical education curriculum (e.g., differentiated instruction, active engagement, modified activities, self-assessment, self-monitoring).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Lesson plans document formative and summative assessments that align with student objectives for each lesson.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Instructional practices and deliberate practices tasks are documented in written lesson plans.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

The physical education teacher employs instruction practices that engage students in moderate to vigorous physical activity for at least 50 percent of class time.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

**Section 7: Physical Education Student Assessment**

Students' assessment is aligned with national and/or state physical education standards and established grade-level outcomes.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Students’ assessment is included in the physical education curriculum along with administration protocols.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Student progress in grades K-12 is measured using student assessments that address all national and/or state physical education standards and established grade-level outcomes.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Grading is related directly to the student learning objectives identified in the written physical education curriculum or curriculum provides grading rubrics that are aligned with student learning objectives identified in the written physical education curriculum.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Fitness measurement is NOT used for grading students in physical education.

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

(End of Page 5 )

**Section 8: Active Schools—Core 4+**

Our district incorporates before and after school opportunities for physical activity (e.g., running clubs, fitness clubs, intramurals).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Our district incorporates active recess or open gym (all students are active).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Our district incorporates active classrooms (often named brain breaks or classroom energizers).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Our district incorporates active physical education (students are moderately to vigorously active at least 50% of class time).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

Our district incorporates home and community engagement (e.g., safe routes to schools, family nights).

 Not at All

 In 25% of schools

 In 50% of schools

 In 75% of schools

 District wide (100% of schools)

**Section 9: Skills and Knowledge**—*Upon graduation, what percent of seniors (or students)…*

… have learned the skills necessary to participate in a variety of physical activities.

 No Students

 25% of students

 50% of students

 75% of students

 100% of students

… know the implications and the benefits of involvement in various types of physical activities.

 No Students

 25% of students

 50% of students

 75% of students

 100% of students

…participate regularly in physical activity.

 No Students

 25% of students

 50% of students

 75% of students

 100% of students

… value physical activity and its contributions to a healthful lifestyle.

 No Students

 25% of students

 50% of students

 75% of students

 100% of students

…have competencies in self-assessing and managing personal health behaviors through the development and application of a personal wellness plan. The plan includes physical literacy knowledge, tracking physical activity, health-related and skill-related fitness knowledge and nutrition.

 No Students

 25% of students

 50% of students

 75% of students

 100% of students

(End of Page 6 )

Score Total (out of 174 possible points)

Topic Text \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Result Description

Topic Text \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(End of Page 7 )