



Arthritis Council Meeting Tuesday, April 2, 2019, 2:00 PM ET

Arthritis Council records can be found here: <http://www.chronicdisease.org/?page=ArthritisCouncilReco>

Meeting Summary

I. Participants

Arkansas – Donna Miller
Kansas – Jessica McGinnis
Massachusetts – Meghan Avery, YMCA, Caitlyn Sweeney, Alliance of MA YMCAs
Minnesota – Amy Michael, Erin McHenry, Ann Schulte
Missouri – Beth Richards

New Hampshire – NA
North Carolina – Jeanne Dairaghi, Nicolle Miller
New York – Nancy Katagiri
Oregon – Hilde Hinkel,
Rhode Island - NA
Utah – Nichole Shepard, Rebecca Adams, Celsa Bowman, Natalie Gilbert

Virginia - NA
Washington – Amy Ellings
Other -
Natasha McCoy, NACDD
Heather Murphy, NACDD
Angie Hutcherson

II. State Spotlight

- **North Carolina** – Jeanne Dairaghi, CDC Grant Manager, NC Center for Health and Wellness of UNC Asheville presented on the newly funded North Carolina Arthritis Program. A copy of Jeanne’s slides can be found in the “Presentation” posted online.

III. State Sharing and Discussion

May – Arthritis Awareness Month discussion. Participants shared information on plans for May which included:

- Minnesota - hoping to launch MD Arthritis web page during May 2019; will send out messages on CDC via .gov delivery that focus is more arthritis awareness
- Kansas – will be posting one to two messages per week on social media; will also focus on libraries (can reach 3000+ people in libraries); AAAs will also be a focus of efforts
- New York – will be doing an email campaign through listservs (health departments, broad chronic disease listserv, disability and health listserv); plan to release weekly messages in May with the first week being more general arthritis messages, followed by messages about working with providers
(https://www.health.ny.gov/press/public_health_toolkit/seasonal/2019_spring/social_media/arthritis.pdf); will include an arthritis component in the public health toolkit this spring

(https://www.health.ny.gov/press/public_health_toolkit/); will also be doing some targeted communication about EnhanceFitness to all health departments (EF storybook highlighted); will be running 'Physical Activity: The arthritis pain reliever' campaign in central NY; and, there is an Arthritis Foundation legislative day in May

- OA Action Alliance has resources available on their webpage that can be used for May – <https://oaaction.unc.edu/resource-library/for-community-partners/>
- Farmers Markets might be another opportunity for promoting arthritis awareness
- Suggestion to look to CDC for arthritis awareness month messaging <https://www.cdc.gov/features/arthritisawareness/index.html>
- Lupus Foundation resources for May - <https://www.lupus.org/raise-awareness-of-lupus>; new brochure to educate those who think they may have lupus is available in [English](#) and [Spanish](#) and is being distributed through physician offices, websites, and social media with hardcopies available to health departments (email Lauren Topf – topf@lupus.org)

IV. Announcements

- A brief, four question survey will be distributed to Arthritis Council members to collect information on future call content. Please be on the lookout for a Survey Monkey link via email in the coming week.
- NACDD released an RFP for Walk With Ease Mini-Grants – RFP open through April 26th - <https://www.chronicdisease.org/mpage/WWEApp2019/>. Follow the link for more information.
- 2019 Arthritis Council Elections will be happening very soon. Nominations will begin in May. Our May call will provide an overview of the Arthritis Council, Steering Committee, and the Operating Guidelines. Nominations for the Steering Committee will open after the May Arthritis Council Call.

V. Adjourn

- The next Arthritis Council call will be held on Tuesday, May 7, 2019 at 2:00 PM ET.