

EBLC Overview

Informal community of practice formalized in 2012 as the Evidence-Based Leadership Council (EBLC).

Mission

Increase delivery of multiple evidence-based programs that *measurably* improve the health and well-being of diverse adult populations.

Vision

An ever increasing number of adults engaged in evidence-based programs that inform, activate and empower them to improve their health and maintain independence.

Objective

Create a nationally based organization to build a strong network of providers of EB programs within CBO's and to advocate for sustainable funding streams for these programs.



EBLC's Statement of Purpose

People, especially those with chronic conditions, spend 99% of their time outside of the healthcare system.

The EBLC develops and delivers evidence-based programs so people gain skills and confidence to live a healthy life.

“These programs have been well-tested and can be replicated with relative ease with well-developed training, technical assistance and good outcomes.”



EBLC Directors

Program Developers /Administrators

Kate Lorig (*SMRC Self-
Management Programs suite*)

Peggy Haynes, Patti League (*A
Matter of Balance*)

Sue Hughes (*Fit & Strong!*)

Lesley Steinman (*PEARLS*)

Community Partners (CBOs)

Stephanie Fallcreek (*Fairhill
Partners, OH*)

Carol Nohelia Montoya (*Florida
Health Network, FL*)

Don Smith & Alexandra Cisneros
(*United Way of Tarrant County,
TX*)

Paul Hepfer (*Health Trust, CA*)

Both CBOs & Program Administrators

Jennifer Raymond (*Elder Services
of Merrimack Valley, MA |
Healthy IDEAS*)

Paige Denison (*Sound
Generations, WA |
EnhanceFitness, EnhanceWellness*)

June Simmons, Dianne Davis
(*Partners in Care Foundation, CA
| Healthy Moves, HomeMeds*)



EBLC Programs

Physical Activity

- EnhanceFitness *
- Fit & Strong! *
- Healthy Moves

Chronic Disease & Medication Management

- EnhanceWellness
- HomeMeds
- SMRC Suite of Programs (all languages)

Depression

- Healthy IDEAS
- PEARLS

Falls Management

- A Matter of Balance

* = also a Falls Management program

What can EBLC do for you?

- Website
 - ▣ Information | Articles, links, program overviews and comparisons, etc.
 - ▣ Resources | Readiness tools, assessments, marketing, evaluation
- Technical Assistance
 - ▣ Complete the online TA Survey | “Training and Consulting” section of website
 - ▣ Flexible availability | Hourly, onsite, via phone, etc.
- Affiliateship
 - ▣ Benefits | 20 free listings on locator, discounts on TA, “Affiliate Only” resources.
 - ▣ Join online | \$125/year or \$300/3 years



Become an EBLC Affiliate!



(747) 239-0847 eblc@eblcprograms.org [Affiliate Log In](#)

[Map of Programs](#)

[Affiliate Home](#)

[Resources](#)

[My locations](#)

[Serena Testing](#)

[Logout](#)

Add your
own
workshop
locations!

EBLC Affiliates Only Section

As an Affiliate of EBLC, use this section to pay your dues, update your contact information, and submit locations for the Program Locator.



Access
“Affiliate
Only”
Resources!

My Locations

You haven't submitted a location, add your first one.

[Add locations](#)

Resources

- [Best Practices and Case Studies](#)
- [Marketing](#)
- [Program Adoption](#)
- [Program Evaluation and Quality Assurance](#)
- [Program Implementation](#)
- [Miscellaneous](#)

Your account

- [View original application](#)
- [Edit Contact Information](#)
- [Update Password](#)
- [Update Avatar](#)
- [Pay Dues](#)
- [Logout](#)



email: eblc@eblcprograms.org
office: (747) 239-0847

EBLC Website Home Page

www.eblcprograms.org

To access the Locator click here

Innovative Health Promotion

EBLC makes it easy for those who serve older adults to find evidence-based health promotion programs.

[Find a Program!](#)

Your Partner In Innovative Health Promotion

The EBLC is a collaborative effort to help you find, adopt and implement evidence-based health promotion programs. This site is a centralized hub for communities, senior centers, and others seeking to learn more about innovative programs proven to help people manage and improve their health and well being!



Programs are offered in community settings, online, and in clients' homes.



Chronic Disease and Medication Management



Physical Activity



Falls Management



Depression

EBLC Contact List

We would love to let you know when we've posted new content and tools. If you would like to receive occasional updates, please provide your info.

[subscribe today](#)

Screenshot of the Program Locator

The screenshot shows the EBLC Evidence-Based Leadership Council website. At the top, there is a navigation bar with the EBLC logo, contact information (747) 236-1199, email eblc@eblcprograms.org, and an Affiliate Log In button. Below the navigation bar is a search bar for 'Map of Licensed Organizations'. The main content area features a breadcrumb trail: Home / Evidence-Based Programs / Map Of Programs. The title 'Find EBLC Programs and Workshops Worldwide' is prominently displayed. A map of the United States is shown, with major cities like Chicago, Toronto, and Los Angeles marked. To the right of the map is a search form with a text input field and a 'Search' button. Below the search form are radio button options for distance: 50 miles, 100 miles, 250 miles, 500 miles, 2000 miles, Search Entire State, and Search Entire Country. A 'Select Programs' dropdown button is also present. At the bottom of the page, there are two blue buttons: 'Learn how to list your location' and 'Add the EBLC program locator button to your website'. A red arrow points from the text '\$10/year/location' to the 'Learn how to list your location' button.

Search by:

- Zip code
- City & State
- State
- Country

Narrow Search by:

- Program
- Program type
- Radius

Pay to List Your Locations:

- \$10/year/location

Screenshot of the Program Locator Showing Results



We found several programs.

Wake County Human Services

Programs offered: [919 250-4548](tel:9192504548)

• **A Matter of Balance**

Raleigh, NC USA

[View Larger / Get Directions](#)

NC Department of Health & Human Services, Div of Aging/Adult Svcs

Programs offered: [919 855-3421](tel:9198553421)

• **A Matter of Balance**

Raleigh, NC USA

[View Larger / Get Directions](#)

Meals on Wheels of Wake County

Programs offered: [919-256-3870](tel:9192563870)

• **A Matter of Balance**

Raleigh, NC USA

[View Larger / Get Directions](#)

North Carolina Department of Health & Human Services

Programs offered: [919-855-3423](tel:9198553423)

• **Chronic Disease Self-Management Program** jen.teague@dhhs.nc.gov

693 Palmer Dr

Raleigh, NC 27699 USA

• **Diabetes Self-Management Program**

[View Larger / Get Directions](#)

• **Tomando Control de su Salud**

[Visit Website](#)

See where organizations are listed on the map.

- Click on yellow or blue to zoom in
- Click on red to see a pop-up of the organization and its address

Results are also listed below, with contact details as provided by Program Administrators

Click to get directions

Click to visit website



www.EBLCprograms.org

Next Steps

- Enhancing usability
- Adding more evidence-based programs
 - Screener survey sent to all programs on list of Highest Tier IIID Programs
- Marketing efforts to increase # of workshop locations
- Consumer-facing feature to help people find workshops near them
- Contact: eblc@eblcprograms.org or paiged@soundgenerations.org