

Virginia Arthritis Program:

*Reducing Arthritis Burden and Improving
Walkability in Virginia*

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Virginia Arthritis Program

- Target Population
 - Aged 18+ years
- Subpopulation
 - Aged 45 to 74 years
 - Low income
 - Regions with low health opportunity index scores

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Strategy 1: Disseminate interventions AAEBIs

– Primary Interventions

- Chronic Disease Self-Management Program
- Walk with Ease (group-led)
- National Diabetes Prevention Program (1815 and 1817)

– Other Self-Management Interventions (OSMI)

- Chronic Pain Self-Management Program
- A Matter of Balance

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Strategy 1: Disseminate interventions AAEBIs

– Activities

- Increase capacity for AAEBIs and OSIMs
- Establish Arthritis Workgroup under Chronic Disease Collaborative Network
- Develop Virginia Arthritis Plan Framework
- Develop/modify multi-media promotional materials

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Strategy 1: Disseminate interventions AAEBIs

– Primary Partners

- Health Quality Innovators
- Department for Aging and Rehabilitative Services
- Prevention Partners in Prayer (Office of Health Equity)

– Secondary Partners

- Local Health Districts
- Virginia Parks and Recreation Society

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Strategy 2: Provider counseling and referrals

– Activities

- Increase provider engagement
 - Virginia Arthritis Advisory Council
 - Project ECHO (Injury and Violence Prevention Funds)
- Implement counseling and referral system
 - No Wrong Door Virginia

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Strategy 2: Provider counseling and referrals

– Primary Partners

- Department for Aging and Rehabilitative Services
- Health Quality Innovators

– Secondary Partners

- Virginia Society of Rheumatologists
- Virginia Community Healthcare Association
- Virginia Association of Free Clinics
- Aetna

Program Overview

Strategy 3: Promote walking

– Activities

- Virginia Walkability Action Plan
- Virginia Walkability Action Institute (PHHS Block Grant)

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Strategy 3: Promote walking

– Partners

- Virginia Bicycle and Pedestrian Advisory Council
- Local Health Districts

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Strategy 4: Raise Awareness

— Activities

- Develop Arthritis Campaign
- Enhance/expand VDH Livewell brand
- Update and disseminate Virginia Arthritis Burden Report

QUESTIONS

Contract

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